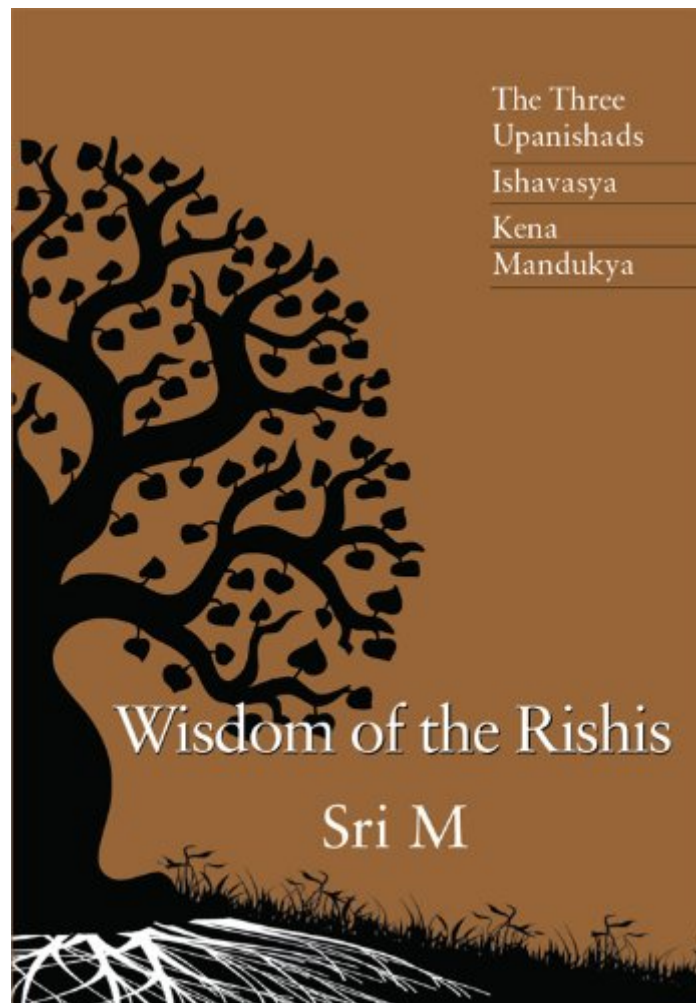




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Wisdom Of The Rishis: The Three Upanishads: Ishavasya, Kena & Mandukya



Synopsis

The Upanishads do not concern themselves with mere theories. They raise direct questions regarding the source of thought, the essence of our being and are as relevant today as they were 2000 years ago. The *Isavasya* proclaims the all-pervasiveness of this totality of consciousness which is here called *Isha*, the Lord, and urges one to let go the narrow and self-centered identity we are caught up in and rejoice in the flow of the infinite wholeness of Life. The word *Kena* means Who. This Upanishad concerns itself with the question of one's ID. Is there a separate I or is it merely a term used to describe the totality of cognizance. Is there an I beyond the limited, self-centered ID? The *Mandukya* examines the same idea but in a different way, exploring the states of consciousness all human beings experience namely, the waking state, the dream state and the deep sleep state, and postulates that there is a common experiencer in all these states, a witness, not affected by the states and which is the totality of consciousness called *Turiya* represented by the *Pranava*, OM.

Preface The Upanishads represent the high watermark not only of Hindu Philosophy but of spiritual literature anywhere in the world. These marvellous discourses and dialogues between self-realized seers, known as *Rishis*, and one or more disciples, contain powerful and eloquent statements regarding the ultimate reality in its multifarious facets. They have been well described as providing an "ecstatic slide show of reality, a privileged glimpse of the unitive vision in which all things are one in a world aflame with God". They contain some of the most eloquent passages such as "I have seen that Great Being shining like a thousand suns beyond the darkness; it is only by knowing that being that we can achieve immortality" and again, "Hear O children of immortal bliss, you are born to be united with the Divine; follow the path of the illumined ones and be united with the Supreme Being". The universal truths articulated in the Upanishads have formed the basis for numerous commentaries down through the centuries, beginning with the luminous insights of *Adi Shankaracharya*. In our own times *Sri Aurobindo*, *Sri Krishnaprem*, *Dr Radhakrishnan*, *Swami Ranganathananda*, *Eknath Ishwaran* and other great seers and sages have produced commentaries and interpretations on various Upanishads. The Upanishads are enduring and unfailing sources of inspiration, and their impact grows with each successive reading. One of my favourites is the *Mundaka* which I have translated and upon which I have attempted a short commentary. The author of this book, *Sri Mumtaz Ali*, popularly known as "M", has spoken extensively upon the Upanishads, based on his personal experience. The fact that a person born a Muslim should have such a deep insight into the Hindu tradition proves once again that the spiritual path accepts no boundaries. The three Upanishads upon which M has commented are among the most important "the *Isavasya*, which is always given pride of place in

any list of Upanishads, the Mandukya which expounds the deeper symbolism of the sacred symbol Aum, and the Kena where we have the marvellous allegory of the Devas who thought they had won a victory, whereas actually it was the victory of the divine Brahman. In this Upanishad we come across Shiva and Yaksha, whose identity the Devas are unable to comprehend, and are also introduced to Uma, Haimavati, the many splendoured daughter of the Himalayas, who appears as the mediator between the Devas and the Supreme Brahman. In these talks M has expounded in a clear and cogent fashion various aspects of these three great texts. I have pleasure in commending this book to spiritual seekers and students of Hinduism around the world.-- Dr. Karan Singh

Book Information

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Customer Reviews

THE MUST READS FOR SEARCH INTO THE BEINGI love this treatise, if may call it. I have been ardently following writings of M from His experienes with Himalayan Masters where the author gives the inexplicable incidents prompting him to initially peep into the inner world of quest for realisation

of the self, the constant guidance of guru babaji, the explicit matter of assessment of those garbed in saintly attire not reaching any where, how ,sans religion, the object of a human incarnation is the crux of our lives and his writings which I frequently download in kindle coupled with that of the illustrious souls like Paramahansa yogananda, Ram Thirth, the scientific analysis of philosophical thoughts byWill Durant, the Aphorisms of Patanjali Yoga Sastra, of which my review was carried in long ago etc, constitute a fairly good compendium on what to know and what to discard in the journey to our destination.I am writing this from Phoenix where I am on holiday from my busy profession of an attorney in IndiaVenkitasubramanian

This is this best book I've read about Vedanta and the Upanishads. The author is familiar with the work of Swami Vivekananda, Sri Ramakrishna, and many other Hindu adepts and avatars. (I am obviously not from India.) He explains the Upanishads in a clear, easy to understand way, and in doing so, makes the path to realization feasible. He also cites passages from the Gita. Since I've read those writings I can relate to this author easily. Obviously I have benefited spiritually from this book. I might add his writing is excellent.

Amazing commentary on the three upanishads by Sri M. Sri M abides in the Self, so his teachings reflect that.Hari Om!

An amazing, amazing discourse on the Upanishads. Best book I've read on these three Upanishads, actually.

Sri M has the magic touch of making complex teaching of the Upanishads as simple a story telling. In fact, he insists that the teachings of Upanishads are not complex and are meant for all of us.

Absolutely a great read from Sri M. I also enjoyed "apprenticed to a Himalayan master" tremendously. Highly recommended reading.

Excellent book

A Must read

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